

NAMI SLOCO LIBRARY

Subject	Author	Title	Date	Form	Notes
Addiction	Beattie, Melody	<u>Codependent No More</u>	1987	Paperback	Still relevant, say some readers in 2013
Addiction	Storm, Jennifer	<u>Blackout Girl, Growing Up and Drying Out in America</u>	2008	Paperback	This inspiring author spoke at the 2018 Journey of Hope in Pismo Beach, CA.
Anxiety	Forsyth, John P.	<u>The Mindfulness & Acceptance Workbook for Anxiety, 2nd edition</u>	2016	Paperback	Powerful new exercises based in Acceptance and Commitment Therapy (ACT) to help break free from anxiety.
Anxiety	Griffin, Joe	<u>How to Master Anxiety</u>	2014	Paperback	All you need to know to overcome stress, panic attacks, phobias, trauma, obsessions and more.
Anxiety	Huljich, Paul	<u>Stress Pandemic, 9 Natural Steps to Break the Cycle of Stress & Thrive</u>	2014	Paperback	
Anxiety	Froggatt, Wayne	<u>Fearless : Your Guide to Overcoming Anxiety</u>	2003	Paperback	
Bipolar	Fast, Julia	<u>Loving Someone with Bipolar Disorder, 2nd Edition</u>	2012	Paperback	
Bipolar	Fieve, Ronald R.	<u>Bipolar II</u>	2006	Paperback	
Bipolar	Forney, Ellen	<u>Marbles, Mania, depression, Michelangelo & Me</u>	2012	Paperback	

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Bipolar	Hamilton, Suzy Favor	<u>Fast Girl, A Life Spent Running from Madness</u>	2015	Paperback	Signed by author - a three-time Olympian for women's distance running.
Bipolar	Hornbacker, Marya	<u>Madness, A Bipolar Life</u>	2008	Paperback	Award winning journalist, writer, speaker.
Bipolar	Johnson, Linea and Johnson, Cinda	<u>Perfect Chaos, a daughter's journey to survive bipolar, a mother's struggle to save her</u>	2012	Hardcover	Signed by authors, Autobiography
Bipolar	Last, Cynthia	<u>When Someone You Love is Bipolar, Help and Support for You and Your Partner</u>	2009	Paperback	2 Copies.
Bipolar	Miklowitz, David	<u>The Bipolar Survival Guide, What You and Your Family Need to Know, 3rd Edition</u>	2019	Paperback	Recognize warning signs, find treatment, stay on track.
Bipolar	Wootton, Tom	<u>Bipolar in Order, Looking at Depression, Mania, Hallucination and Delusion from the Other Side</u>	2009	Paperback	Signed by author
Bipolar	White, Ruth C.	<u>Preventing Bipolar Relapse</u>	2014	Paperback	A lifestyle program to help you maintain a balanced mood & live well
Borderline Personality Disorder	Aguirre, Blaise & Gillian, Galen	<u>Coping with BPD</u>	2015	Paperback	DBT and CBT skills to soothe the symptoms of borderline personality disorder.

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Borderline Personality Disorder	Aguirre, Blaise & Gillian, Galen	<u>Mindfulness for Borderline Personality Disorder</u>	2013	Paperback	Relieve your suffering using the core skill of dialectical behavior therapy.
Borderline Personality Disorder	Gunderson, John G. & Hoffman, Perry D.	<u>Beyond Borderline</u>	2016	Paperback	True stories of recovery from Borderline personality disorder. Signed by author.
Borderline Personality Disorder	Kreger, Randi	<u>The Essential Family Guide to Borderline Personality Disorder</u>	2008	Paperback	New Tools and Techniques to Stop Walking on Eggshells. Signed by author.
Borderline Personality Disorder	Manning, Shari	<u>Loving Someone with Borderline Personality Disorder</u>	2011	Paperback	"How to Keep Out-of-Control Emotions from Destroying Your Relationship"
Borderline Personality Disorder	Mason, Paul	<u>Stop Walking on Eggshells, Second Edition</u>	2010	Paperback	Taking your life back when someone you care about has borderline personality disorder.
Borderline Personality Disorder	NAMI	<u>Dialectical Behavior Therapy Workshop</u>	2014	Audio CD	From 2014 NAMI CA Conference
Children	Anglada, Tracy	<u>Brandon and the Bipolar Bear</u>	2009	Paperback	Storybook for ages 4-11

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Children	Buron, Kari Dunn	<u>When My Worries Get Too Big!, A Relaxation Book for Children Who Live with Anxiety</u>	2006	Paperback	Storybook for children
Children	Campbell, Bebe Moore	<u>Sometimes My Mommy Gets Angry</u>	2003	Hardcover	Storybook for children
Children	Chansky, Tamar	<u>Freeing Your Child From Anxiety, Revised and Updated Edition</u>	2014	Paperback	Practical strategies to overcome fears, worries and phobias and be prepared for life from toddlers to teens.
Children	Greene, Ross W.	<u>The Explosive Child, revised and updated</u>	2010	Paperback	"A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children"
Children	Hall, Karyn D. & Cook, Melissa H.	<u>The Power of Validation</u>	2012	Paperback	Arming your child against bullying, peer pressure, addiction, self-harm & out-of-control emotions.
Children	Harvey, Pat & Penzo, Jeanine A.	<u>Parenting a Child Who Has Intense Emotions</u>	2009	Paperback	"Dialectical Behavior Therapy Skills to Help Your Child Regulate Emotional Outbursts & Aggressive Behaviors"

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Children	Holloway, Angela	<u>The Bipolar Bear Family, When a Parent Has Bipolar Disorder</u>	2006	Paperback	Donated
Children	Huebner, Dawn	<u>What to Do When You Worry Too Much, A Kid's Guide to Overcoming Anxiety</u>	2006	Paperback	
Children	Kutscher, Martin	<u>Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety and More! 2nd edition</u>	2014	Paperback	The one-stop guide for parents, teachers and other professionals
Children	Long, Liza	<u>The Price of Silence, A Mom's Perspective on Mental Illness</u>	2014	Hardcover	
Children	Mondimore, Francis Mark	<u>Adolescent Depression; A Guide for Parents, 2nd edition</u>	2015	Paperback	Serious depression goes beyond "moodiness" and can be treated
Children	Reiff, Michael	<u>ADHD, What Every Parent Needs to Know</u>	2011	Paperback	"Expert Guidance From the American Academy of Pediatrics"
Children	Warner, Judith	<u>We've Got Issues, Children and Parents in the Age of Medication</u>	2010	Hardcover	Signed by author
Children	Wilson, Reid	<u>Anxious Kids, Anxious Parents</u>	2013	Paperback	Seven ways to stop the worry cycle and raise courageous & independent children.
Depression	Borchard, Therese	<u>Beyond Blue, Surviving Depression & Anxiety & Making the Most of Bad Genes</u>	2010	Hardcover	

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Depression	Brosh, Allie	<u>Hyperbole and a Half: Unfortunate Situations, flawed coping mechanisms, mayhem and other things that happened.</u>	2013	Paperback	By the humorous blogger and author of "Lets Pretend This Never Happened"
Depression	Sheffield, Anne	<u>How You Can Survive When They're Depressed; Living and Coping with Depression Fallout</u>	1998	Paperback	Foreword by Mike Wallace
Diagnosis	Greenberg, Gary	<u>The Book of Woe. The DSM and the Unmaking of Psychiatry</u>	2013	Hardcover	Behind the scenes look at DSM revisions, DSM V.
Diagnosis	Morrison, James	<u>DSM-V Made Easy</u>	2014	Hardcover	
Dual Disorders	McGovern, Mark	<u>Living With Co-occurring Addiction and Mental Health Disorders</u>	2009	Paperback	
Dual Disorders	Hornbacker, Marya	<u>Sane. Mental Illness, Addiction and the 12 Steps</u>	2010	Paperback	Award winning journalist, writer, speaker
DVD Addiction	Kapadia, Asif	<u>Amy</u>	2015	DVD	Story of Amy Winehouse in her own words, featuring unseen archival footage and unheard tracks.
DVD Bipolar	Forbes, Maya	<u>Infinitely Polar Bear</u>	2015	DVD	Dad at home recovering, cares for daughters while Mom is away at school. He quickly finds himself in over his head.

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DVD BP	Dalio, Paul	<u>Touched With Fire</u>	2016	DVD	Two patients with bipolar disorder meet in a psychiatric hospital, begin a romance that brings out all of the beauty and horror of their condition.
DVD Children	Belsher, Jody	<u>The Other Side of Cannabis: Negative Effects of Marijuana on Our Youth</u>	2015	DVD	Documentary
DVD Children	Gaviria, Marcela	<u>The Medicated Child</u>	2008	DVD	As the debate over medicating children continues to grow, PBS FRONTLINE confronts psychiatrists, researchers, and big pharma about the risks and benefits of prescription drugs for troubled children.
DVD Children	Sesame Workshop	<u>Deployments, Homecomings, Changes</u>	2008	DVD	Includes guide for parents and caregivers. Courtesy of SLO Vet Center.

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DVD Children	Sesame Workshop	<u>When Families Grieve</u>	2010	DVD	Includes guide for parents and caregivers. Courtesy of SLO Vet Center.
DVD Depression	Boden, Anna	<u>It's Kind of a Funny Story</u>	2011	DVD	Coming of age story, 15 yr old admits self to psychiatric ward.
DVD Depression	Kenneally, Christopher	<u>Side by Side, A Journey with Depression, A Funny Look at Serious Survival</u>	2007	DVD	A comedian's story of depression, addiction, recovery.
DVD Family	Amador, Xavier	<u>Learn to LEAP, Listen-Empathise-Agree-Partner</u>	2014	DVD	Companion to Amador's book <u>I Am Not Sick, I Don't Need Help!</u>
DVD Family	Silverman, Randi	<u>No Letting Go</u>	2015	DVD	Family's passionate quest to help son with mental health disorders.
DVD Other	Docter, Pete	<u>Inside Out</u>	2015	DVD	Disney Pixar journey into the mind where 5 emotions are hard at work. Appropriate for the whole family.
DVD Other	Faithnet NAMI	<u>Mental Illness & the Role of the Faith Community in Recovery</u>	2007	DVD	A Christian perspective

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DVD Other	Laurence, Eliot	<u>Welcome to Me</u>	2014	DVD	Woman with Dissociative Disorder pursues her lifelong dream of becoming the next Oprah. Stars Kristin Wiig.
DVD Other	Ruston, Delaney	<u>Crisis in Control, a living will for mental health</u>	2010	DVD	Creating a Psychiatric Advance Directive (PAD)
DVD PTSD	Johnson, Liza	<u>Return</u>	2011	DVD	Adjusting from a wartime environment to a civilian life.
DVD Recovery	Linehan, Marsha M.	<u>From Chaos to Freedom, Practicing Reality Acceptance</u>	2005	DVD	With anecdotes, exercises & demonstration, she guides you through mindfulness skills that prepare the foundation for a "wise mind" and living fully awake and free in daily life.
DVD Recovery	Moynihan, PJ	<u>Healing Voices</u>	2017	DVD	"What are we talking about when we talk about mental illness? Let's change the conversation."

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DVD Recovery	Wells, Gren	<u>The Road Within</u>	2014	DVD	Three young friends leave a behavioral facility, embark on epic road trip, changes their lives.
DVD Schizophrenia	Cadigan, John	<u>People Say I'm Crazy</u>	2004	DVD	
DVD Schizophrenia	Friedenberg, Richard	<u>Of Two Minds</u>	2012	DVD	
DVD Schizophrenia	Greco, Joseph	<u>Canvas</u>	2006	DVD	
DVD Schizophrenia	Lopez, Steve	<u>The Soloist</u>	2009	DVD	A homeless Juilliard-trained musician living with schizophrenia.
DVD Schizophrenia	Nasar, Sylvia	<u>A Beautiful Mind</u>	2001	DVD	
DVD Schizophrenia	Ortho-McNeil-Janssen Pharmaceuticals, Inc	<u>Mindstorm, A Virtual Hallucination</u>	2007	DVD	Sights and sounds of the world from the patient's side. 6 minutes
DVD Schizophrenia	Ruston, Delaney	<u>Unlisted, A Story of Schizophrenia</u>	2010	DVD	Documentary of a daughter's determination to help her father and mend her torn family.
DVD Stigma	California Mental Health Services Authority (CalMHSA)	<u>Each Mind Matters, California's Mental Health Movement, Stories of Hope, Resilience and Recovery</u>		DVD	38 individual stories 2-6 minutes long. Californians who have been affected by mental illness.

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DVD Stigma	Deirdre O'Connor	<u>Call me Crazy: A Five Film</u>	2013	DVD	A compilation of 5 stories surrounding mental illness, recovery, stigma.
DVD Stigma	Quick, Matthew	<u>Silver Linings Playbook</u>	2012	DVD	
DVD Stigma	Transitions Mental Health Association	<u>Journey of Hope 2014: Featuring Keris Jän Myrick</u>	2014	DVD	Donated by Transitions Mental Health Association
DVD Suicide	Each Mind Matters	<u>Directing Change Student Video Contest</u>	2014	DVD	High school & Univ. of CA students create PSA's, take action on suicide. 2 Copies
DVD Suicide	Kopple, Barbara	<u>Running From Crazy</u>	2013	DVD	Mariel Hemingway documentary family suicides, mental illness.
DVD Suicide	QPR	<u>QPR Gatekeeper Training for Suicide Prevention</u>	2002	DVD	
DVD Suicide	SAMHSA	<u>Stories of Hope and Recovery: A Video Guide for Suicide Attempt Survivors</u>	2012	DVD	
Eating Disorder	Brown, Harriet	<u>Brave Girl Eating, A Family's Struggle with Anorexia</u>	2010	Paperback	
Eating Disorder	Costin, Carolyn and Schubert, Gwen	<u>8 Keys to Recovery From An Eating Disorder, Effective Strategies From Therapeutic Practice and Personal Experience</u>	2012	Paperback	
Eating Disorder	Lock, James and Le Grange, Daniel	<u>Help Your Teenager Beat an Eating Disorder</u>	2005	Paperback	

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Family	Amador, Xavier	<u>I Am Not Sick; I Don't Need Help</u>	2012	Paperback	3 Copies. How to Help Someone with Mental Illness Accept Treatment
Family	Karp, David A.	<u>The Burden of Sympathy, How Families Cope with Mental Illness</u>	2001	Hardcover	Still relevant.
Family	Klein, Stanley & John Kemp	<u>Reflections from a Different Journey: What Adults with Disabilities Wish All Parents Knew</u>	2004	Hardcover	
Family	Komrad, Mark S.	<u>You Need Help! A Step-by-Step Plan to Convince a Loved One to Get Counseling</u>	2012	Paperback	
Family	Lafond, Virginia	<u>Grieving Mental Illness, A Guide for Patients and Their Caregivers</u>	2000	Paperback	
Family	Morey, Bodie & Mueser, Kim T.	<u>The Family Intervention Guide to Mental Illness; Recognizing Symptoms & Getting Treatment</u>	2007	Paperback	
Family	Myers, Edward	<u>Teens, Loss, and Grief</u>	2004	Paperback	
Family	NAMI	<u>Emerging From Crisis Workshop</u>	2014	Audio CD	From 2014 NAMI CA Conference
Family	NAMI	<u>Family-to-Family Education Class Update</u>	2017	Audio CD	From 2017 NAMI CA Conference
Family	Sederer, Lloyd I.	<u>The Family Guide to Mental Health Care, Advice on Helping Your Loved Ones</u>	2013	Hardcover	

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Family	Smith, Tom	<u>A Balanced Life, 9 Strategies for Coping with the Mental Health Problems of a Loved one</u>	2008	Paperback	Strategies for building a supportive relationship with someone who has a mental illness - while also taking care of yourself.
Family	Widdifield, Mary & Widdifield, Elin	<u>Behind the Wall, The True Story of Mental Illness As Told By Parents</u>	2015	Paperback	Parents tell the dramatic true stories of grief, hope, and recovery. Includes advice from the authors to parents.
Family	Woolis, Rebecca	<u>When Someone You Love Has a Mental Illness, A Handbook for Family, Friends and Caregivers</u>	2003	Paperback	2 Copies.
Finances	Morton III , David A	<u>Nolo's Guide to Social Security Disability, Getting and Keeping Your Benefits, 9th Edition</u>	2018	Paperback	Find out if your condition qualifies, apply for SSDI, SSI, appeals.
Finances	Nadworny, John	<u>The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life</u>	2007	Paperback	A must-have as parents and other caregivers plan for the lasting financial security of their families.
Finances	NAMI	<u>Repeal of the Affordable Care Act Workshop</u>	2017	Audio CD	From 2017 NAMI CA Conference

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Finances	Urbatsch, Kevin	<u>Administering the California Special Needs Trust, Second Edition</u>	2016	Paperback	A Guide for Trustees and Those Who Advise Them
Hoarding	Frost, Randy O. & Steketee, Gail	<u>STUFF, Compulsive Harding and the Meaning of Things</u>	2010	Paperback	
Hoarding	Neziroglu, Fugen	<u>Overcoming Compulsive Hoarding</u>	2004	Paperback	
Hoarding	Palmer, Brooks	<u>Clutter Busting, Letting Go of What's Holding You Back</u>	2009	Paperback	
Hoarding	Tolin, David F. et al	<u>Buried in Treasures, Help for Compulsive Acquiring, Saving and Hoarding</u>	2007	Paperback	
Neuroscience	Kandel, Eric	<u>The Disordered Mind, What Unusual Brains Tell Us About Ourselves</u>	2018	Hardcover	This Nobel Prize winner takes us on an unusual tour of the brain.
OCD	Adam, David	<u>The Man Who Couldn't Stop; OCD and the True Story of a Life Lost in Thought</u>	2014	Hardcover	An intimate look at the power of intrusive thoughts, how our brains can turn against us, and living with OCD
OCD	Elliott, Charles	<u>Obsessive Compulsive Disorder for Dummies</u>	2009	Paperback	
OCD	March, John	<u>Talking Back to OCD</u>	2007	Paperback	Helping teens & children w/ OCD
OCD	Penzel, Fred	<u>Obsessive-Compulsive Disorders, 2nd Edition</u>	2017	Hardcover	A Complete Guide to Getting Well and Staying Well

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OCD	Yadin, Elna	<u>Treating Your OCD with Exposure and Response (Ritual) Prevention Therapy</u>	2012	Paperback	Guide for people with OCD in how to benefit from treatment provided by their therapists.
Other	Dobbins, Carolyn	<u>What a Life Can Be: One Therapist's Take on Schizo-Affective Disorder</u>	2011	Paperback	
Other	Jacobs, Gregg D.	<u>Say Good Night to Insomnia</u>	2009	Paperback	NAMI member highly recommends this book.
Other	NAMI	<u>Policing Individuals with Mental Health Conditions: Past, Present & Future</u>	2017	Audio CD	From 2017 NAMI CA Conference. Includes Award Presentation: Outstanding Criminal Justice Advocate
Other	NAMI	<u>Preventing Crisis, Incarceration and Recidivism</u>	2017	Audio CD	From 2017 NAMI CA Conference
Other	NAMI	<u>The Five Pillars of an Effective Law Enforcement Mental Health Strategy</u>	2017	Audio CD	From 2017 NAMI CA Conference.
Other	Nesch, Sonya	<u>Advocating for Someone with a Mental Illness</u>	2004	Paperback	
Other	Schouten, Ronald	<u>Almost a Psychopath, Do I (or Does Someone I Know) Have a Problem with Manipulation and Lack of Empathy?</u>	2012	Paperback	
Other	Sicile-Kira, Chantal	<u>Autism Life Skills</u>	2008	Paperback	
Other	Stout, Martha	<u>The Sociopath Next Door</u>	2005	Paperback	

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Other	West, Cameron	<u>First Person Plural: My Life as a Multiple</u>	1997	Hardcover	Local author, Autobiography
Other	Willey, Liane Holliday	<u>Pretending to be Normal, Living with Asperger's Syndrome (Autism Spectrum Disorder), Expanded Edition</u>	2015	Paperback	Undiagnosed until she was an adult, reflects on changing attitudes. Entertains and informs.
PTSD	Armstrong, Keith	<u>Courage After Fire</u>	2006	Paperback	
PTSD	Nadel, Carolina	<u>Daddy's Home</u>	2011	Hardcover	Help with explaining PTSD to children.
PTSD	Rosenthal, Michele	<u>Your Life After Trauma, Powerful Practices to Reclaim Your Identity</u>	2015	Paperback	Provides us with a roadmap for going forward.
PTSD	Van Der Kolk, Bessel	<u>The Body Keeps the Score. Brain, Mind, and Body in the Healing of Trauma</u>	2014	Paperback	2 Copies.
Recovery	Burns, David D.	<u>Feeling Good, The new mood therapy</u>	2009	Paperback	Still relevant, effective cognitive behavioral therapy, step by step, practical, effective.
Recovery	Fruchey, Deborah	<u>Is There Room for Me, Too?</u>	2010	Paperback	Ms. Fruchey spoke at April 2012 NAMI SLO Meeting.

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Recovery	Linehan, Marsha M.	<u>From Chaos to Freedom, Practicing Reality Acceptance</u>	2005	DVD	With anecdotes, exercises & demonstration, she guides you through mindfulness skills that prepare the foundation for a "wise mind" and living fully awake and free in daily life.
Recovery	Lundberg, Gary B.	<u>I Don't Have to Make Everything All Better</u>	1995	Paperback	Learn to walk emotionally with the people you care about, empower them to solve their own problems. Still relevant.
Schizophrenia	Greek, Milt	<u>Schizophrenia, A Blueprint for Recovery</u>	2012	Paperback	Author living with Sz shares innovative techniques to work with the person in psychosis, move them into recovery, aid in healing, rejoining society.
Schizophrenia	Gur, Raquel E. & Johnson, Ann Braden	<u>If Your Adolescent Has Schizophrenia, An Essential Resource for Parents</u>	2006	Paperback	
Schizophrenia	Levine, Jerome & Levine, Irene	<u>Schizophrenia for Dummies</u>	2009	Paperback	

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Schizophrenia	MacPhee, Bill	<u>To Cry a Dry Tear</u>	2014	Paperback	Founder of Sz Magazine tells his story.
Schizophrenia	Powers, Ron	<u>No One Cares About Crazy People, The Chaos and Heartbreak of Mental Health in America</u>	2017	Hardcover	Pulitzer Prize-winning journalist & bestselling author. Story of his two sons with Schizophrenia, family impact, the state of mental health care.
Schizophrenia	Torrey, E. Fuller	<u>Surviving Schizophrenia, 6th Edition</u>	2013	Paperback	2 Copies.
Schizophrenia	Wyden, Peter	<u>Conquering Schizophrenia, A Father, His Son and a Medical Breakthrough</u>	1997	Hardcover	Autobiography
Schizophrenia	Lachenmeyer, Nathaniel	<u>The Outsider: A Journey into My Father's Struggle with Madness</u>	2000	Hardcover	
Spanish	Alexander, Rolf	<u>El Poder Curativo de la Mente</u>	1999	Paperback	2 copies
Spanish	Amador, Xavier	<u>No Estoy Enfermo, No Necesito Ayuda!</u>	2012	Paperback	
Spanish	Calle, Ramiro	<u>Ante La Ansiedad</u>	1990	Paperback	Tecnicas de Autoayuda para Superar la Angustia y el Estrés
Spanish	Freeman, Lucy	<u>La Lucha Contra el Miedo</u>	2005	Paperback	Una Revelación en el Psicoanálisis de la Mujer

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Spanish	Gil, Rosa Maria	<u>La Paradoja de Maria.</u>	1996	Paperback	Como Pueden las Latinas Fortalecer Su Autoestima, sin Abandonar Sus Tradiciones
Spanish	Lahaye, Tim	<u>Usted Se Enoja Porque Quiere</u>	1980	Paperback	
Spanish	Lozano-Vranich, Belisa	<u>Las Siete Creencias</u>	2004	Paperback	Una guia para ayudar a las Latinas a reconocer y superar la depresion
Spanish	Markham, Ursula	<u>Manual Antiestres para la mujer</u>	1999	Paperback	
Spanish	Woolis, Rebecca	<u>Cuando un ser querido sufre una Enfermadad Mental</u>	2010	Paperback	Un manual para familiares, amigos y cuidadores
Stigma	Corrigan, Patrick	<u>Don't Call Me Nuts: Coping with Stigma</u>	2001	Paperback	
Suicide	Asher, Jay	<u>Thirteen Reasons Why</u>	2008	Paperback	Offers teens and parents alike a great story on an important topic.
Suicide	Briggs, Kevin	<u>Guardian of the Golden Gate, Protecting the Line Between Hope and Despair</u>	2015	Hardcover	Author spoke at 2016 Journey of Hope in Pismo Beach. Reaching out to individuals.

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Suicide	Dreazen, Yochi	<u>The Invisible Front, Love and Loss in an Era of Endless War</u>	2014	Hardcover	Military family loses one son to suicide & one in combat, now fight the suicide epidemic. At Journey of Hope 2015
Suicide	Dunne, Edward J. (editor)	<u>Suicide and Its Aftermath</u>	1987	Hardcover	Not outdated, say readers in 2013 & 2015
Suicide	Hines, Kevin	<u>Cracked, Not Broken, Surviving and Thriving After a Suicide Attempt</u>	2013	Hardcover	Attempted suicide by jumping off Golden Gate Bridge. His inspirational survival and recovery.
Suicide	Jamison, Kay Redfield	<u>Night Falls Fast; Understanding Suicide</u>	1999	Hardcover	NAMI Award: Book That Made a Difference